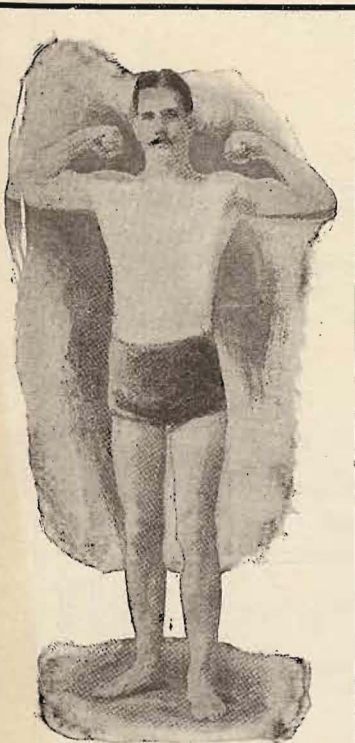


If our Creator has blessed you with reason, send for my booklet on "Raw Food and Vibratory Exercise"—for in it you will find a confirmation of many of your original ideas.

## Important Announcement.

I have a complete milling establishment for the making of raw food preparations. At present I will confine my efforts to a *flaked wheat* preparation and my bread. The flaked wheat preparation will be

easily digested by the *most delicate stomach*. I now have several patients living exclusively on this one article of food.



It will be  
recommended  
for

### **Delicate stomachs.**

Those who wish to live upon an inexpensive but highly nutritious diet

When eaten alone, for those who wish to decrease their fat

Also, when eaten with other food for those who wish to increase their bulk and energy

All of my preparations are made under my personal supervision according to absolutely original ideas.

Send 10 cents in stamps for sample and descriptive literature.

### **Dr. Thomas' Uncooked Wheat Bread Reduced in Price**

From now on the price of my bread will be 25 cents per package, each package containing twenty-five cakes, quantity sufficient to last one week.

It will be shipped in single packages or in larger quantities containing six smaller packages. Special prices for agents.

The effect of this bread is described as wonderful by many consumers.

ADDRESS

**JULIAN P. THOMAS, M. D., Dept. 5A**

172 West 72d Street, New York City

Winner of Competition Gold Medal—  
MR. JOHN M. ROBERTS, of Chicago, wins the Macfadden Gold Medal for making the best physical culture improvement in four months. Mr. Roberts is one of my most enthusiastic patients.